

Digoxin Therapeutic Drug Assay

CPT: 80162

CMS National Coverage Policy

Coverage Indications, Limitations, and/or Medical Necessity

A digoxin therapeutic drug assay is useful for diagnosis and prevention of digoxin toxicity, and/or prevention for under dosage of digoxin.

Indications

Digoxin levels may be performed to monitor drug levels of individuals receiving digoxin therapy because the margin of safety between side effects and toxicity is narrow or because the blood level may not be high enough to achieve the desired clinical effect. Clinical indications may include individuals on digoxin:

- · With symptoms, signs or electrocardiogram (ECG) suggestive of digoxin toxicity
- · Taking medications that influence absorption, bioavailability, distribution, and/or elimination of digoxin
- · With impaired renal, hepatic, gastrointestinal, or thyroid function
- · With pH and/or electrolyte abnormalities
- · With unstable cardiovascular status, including myocarditis
- · Requiring monitoring of patient compliance

Clinical indications may include individuals:

- · Suspected of accidental or intended overdose
- · Who have an acceptable cardiac diagnosis (as listed) and for whom an accurate history of use of digoxin is unobtainable

The value of obtaining regular serum digoxin levels is uncertain, but it may be reasonable to check levels once yearly after a steady state is achieved. In addition, it may be reasonable to check the level if:

- · Heart failure status worsens
- · Renal function deteriorates
- · Additional medications are added that could affect the digoxin level
- · Signs or symptoms of toxicity develop

Steady state will be reached in approximately 1 week in patients with normal renal function, although 2-3 weeks may be needed in patients with renal impairment. After changes in dosages or the addition of a medication that could affect the digoxin level, it is reasonable to check the digoxin level one week after the change or addition. Based on the clinical situation, in cases of digoxin toxicity, testing may need to be done more than once a week.

Digoxin is indicated for the treatment of patients with heart failure due to systolic dysfunction and for reduction of the ventricular response in patients with atrial fibrillation or flutter. Digoxin may also be indicated to treat other supraventricular arrhythmias, particularly with heart failure.

Limitations

This test is not appropriate for patients on digitoxin or treated with digoxin FAB (fragment antigen binding) antibody.



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The ICD10 codes listed below are the top diagnosis codes currently utilized by ordering physicians for the limited coverage test highlighted above that are also listed as medically supportive under Medicare's limited coverage policy. If you are ordering this test for diagnostic reasons that are not covered under Medicare policy, an Advance Beneficiary Notice form is required.

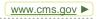
*Note—Bolded diagnoses below have the highest utilization

Please refer to the Limitations or Utilization Guidelines section on previous page(s) for frequency information.

| Code | Description |
|---------|---|
| E03.9 | Hypothyroidism, unspecified |
| 125.10 | Atherosclerotic heart disease of native coronary artery without angina pectoris |
| 142.0 | Dilated cardiomyopathy |
| 142.8 | Other cardiomyopathies |
| 142.9 | Cardiomyopathy, unspecified |
| 147.1 | Supraventricular tachycardia |
| 148.0 | Paroxysmal atrial fibrillation |
| 148.11 | Longstanding persistent atrial fibrillation |
| 148.19 | Persistent atrial fibrillation |
| 148.20 | Chronic atrial fibrillation, unspecified |
| 148.21 | Permanent atrial fibrillation |
| 148.91 | Unspecified atrial fibrillation |
| 149.9 | Cardiac arrhythmia, unspecified |
| 150.22 | Chronic systolic (congestive) heart failure |
| 150.32 | Chronic diastolic (congestive) heart failure |
| 150.9 | Heart failure, unspecified |
| N18.30 | Chronic kidney disease |
| N18.31 | Chronic kidney disease, stage 3a |
| R53.83 | Other fatigue |
| Z79.899 | Other long term (current) drug therapy |

Visit QuestDiagnostics.com/MLCP to view current limited coverage tests, reference guides, and policy information.

To view the complete policy and the full list of codes, please refer to the CMS website reference



Last updated: 10/01/21

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